



Secondary Food Offer - Spring/Summer 2019 - Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> ✓ Haloumi Stack served with a Greek Style Pasta Salad ✓ Lentil Lasagne with Roasted Butternut Squash ✓ Lemon Feather Cake with a Citrus Sauce 	<ul style="list-style-type: none"> Bombay Cottage Pie served with Green Beans ✓ Quorn Sausage & Tomato Roll served with Potato Wedges & Garden Peas ✓ Summer Fruit Crumble with Custard * 	<ul style="list-style-type: none"> Roast British Chicken served with Sage & Onion Stuffing, Roast Potatoes, Spring Greens & Gravy ✓ Sweet Potato, Spinach & Chickpea Filo Pie with Courgette Provencal & Pesto Bread ✓ Fresh Fruit Salad with Crème Fraîche * 	<ul style="list-style-type: none"> Crispy Tortilla Basket with Chilli Beef served with a Crisp Green Salad ✓ Minted Pea & Feta Frittata with Country Style Potatoes & Tomato & Red Onion Salad ✓ Bakewell Slice 	<ul style="list-style-type: none"> Vinegar Infused Tempura Pollock Filet (#) served with Sweet Potato Wedges & Mushy Peas ✓ Vegan Bites (#) served with Oven Chips & Baked Beans ✓ Chocolate & Beetroot Cake with Crème Fraîche

* Desserts highlighted with an asterisk contain a minimum of 50% fruit. All dishes are freshly prepared and cooked from scratch, except items marked with #

Daily Offers Include:

- Freshly Prepared Salads/Crudité & Dip Pots
- Selection of Freshly Filled Baguettes, Wraps, Paninis & Sandwiches
- Authentic Italian Wood-fired Pizzas
- A range of Filled Jacket Potatoes & Pasta Pots
- A Selection of Homemade Traybakes, Biscuits & Individual Fruit Muffins & Cakes
- Fresh Fruit Selection & Yoghurts
- A Selection of Drinks: Milk, Milkshakes, Fruit Juices, Waters & Freshly Prepared Smoothies

Popular Branded Offers may include:

Theo's, Love Joes, Holy Cow, Hot Wok, Pasta King, Proper Cornish Co.





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<ul style="list-style-type: none"> ✓ Vegetable Mangalore Curry served with Basmati Rice & Saag Aloo ✓ Quorn & Butternut Squash Curry with Basmati Rice, Onion Bhaji & Cucumber Raita ✓ Summer Fruit Sundae * 	<ul style="list-style-type: none"> Spaghetti Bolognese served with Garlic Dough Balls & Sweetcorn ✓ Sweet Potato & Cheddar Cheese Whirls served with Mashed Potato & Baked Beans ✓ Fresh Fruit Salad in Coconut Water * 	<ul style="list-style-type: none"> Roast British Pork with Apple Sauce, Roast Potatoes, Broccoli Florets & Gravy ✓ Cauliflower Cheese with Roast Potatoes & Carrot Batons ✓ Raspberry & Apple Cake 	<ul style="list-style-type: none"> Thai Green Chicken Curry served with Sticky Rice & Spiralized Vegetables ✓ Mediterranean Pasta Bake served with Spiralized Vegetables ✓ Butterscotch Tart & Crème Fraîche 	<ul style="list-style-type: none"> Wholemeal Crumb Salmon Fillet (#) with a Tomato & Lime Salsa, Curly Fries & Chef's Salad ✓ Quorn Fajita Wrap served with Curly Fries & Chef's Salad ✓ Lemon Drizzle Cake & Crème Fraîche

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Secondary Food Offer - Spring/Summer 19 - Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
✓ Sweet Potato, Red Onion & Feta Quiche served with Buttered Mids Potatoes & Broccoli Florets ✓ Chilli Non Carne served with Basmati Rice & Sweetcorn ✓ Date & Apple Slice with Crème Fraîche *	Cumberland Ring (#) on a bed of Crushed Potatoes topped with a Sticky Onion Glaze with Steamed Carrots ✓ Margherita Mac & Cheese served with a Hunk of Homemade Bread ✓ Mixed Melon *	Roast British Beef with Roast Potatoes, Cauliflower Florets & Gravy ✓ Quorn Sausage, Pear & Potato Tray Bake ✓ Eton Mess Cake	Moroccan Pork Meatballs (#) served on a bed of Couscous with Garden Peas ✓ Homemade Vegetable Samosas served with a Spicy Tomato Salsa & Savoury Rice ✓ Lime & Coconut Cheesecake	Jumbo Cod Fish Finger (#) served with Oven Chips & a side of Asian Slaw ✓ Calzone with Oven Chips & a side of Coleslaw ✓ Chocolate Sundae

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