

March 2021: Information Flyer for Schools & Families

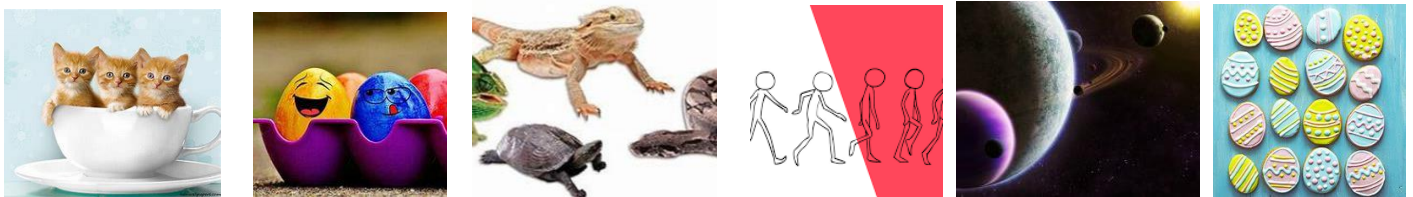
Appeer Community Interest Company was set up to benefit autistic girls and women and those around them (including their families and professionals). We offer peer group activities and social interest-based sessions for autistic girls and young women and support and expert talks for their parents/carers. Currently these are online due to the pandemic, but we also run real life groups and events in Surrey and beyond.

NEW! Teen Mentoring Programme – we are so grateful to have received funding from the Peter Harrison Community Foundation Fund (Surrey) to enable us to run this programme from April. It will support a small number of teens to gain work experience as **Teen Mentoring Assistants** in our younger girls' groups and sessions. Specialist staff will be dedicated to supporting up to 8 teens to collaboratively plan, prepare and run activities including managing a refreshment kiosk once our live groups restart.

Teens - Making Connections We are currently hosting online workshops for autistic teenage girls in Surrey – Sessions include: * **Digital Stitch Phone Photo Apps Mash-up** * **Drama Games – Mysteries and Sherlock Holmes** * **Music – The Fantastic World of Sound** * **Animals with Nescot College** * **Yoga Course (12 years +)** * **Minecraft Mondays!** [Click to book!](#) We know how hard it is to find support for our teens and look forward to providing a space for them to connect and share interests. All sessions are delivered by experts and facilitated by our specialist staff.



Younger Girls Online Sessions We have lots going on in March for the 7-12 year old girls. Sessions include * **Collections** * **Animation Workshop** * **Reptiles and Snakes** * **Miniature Gardening and Rock Painting** * **Easter Biscuits** * **Our Feline Friends** * **Space!** * **Egg blowing and decorating** * **Minecraft Mondays!** [Click to book!](#) All sessions are facilitated by our specialist staff.



Online Parent/Carer Sessions Appeer offers peer support to parents and carers - Our upcoming parent/carers sessions include: * **Legal Q and A with a Sen Barrister Deborah Hay** * **Parent/Carer Coffee Drop in about Screen Time** * **Talk by a dietitian and nutritionist.** We record all sessions so if you cannot make the "live" time please book on anyway and we will send you the video and resources after the event. [Click to book!](#)

