

OLIVE @

WINTER MENU

WEEK 3

MEAL DEAL



APPLES
SEPTEMBER



ROCKET
OCTOBER



BUTTERNUT SQUASH
NOVEMBER



BRUSSEL SPROUTS
DECEMBER

WHATS IN SEASON...

MON

TUES

WED

THURS

FRI

MAIN

Kentucky Baked
Chicken with Mac &
Cheese
(CE, G, MK)

Beef Lasagne Served
with Seasonal Side Salad
(G, MK)

Roast Honey,
Paprika & Italian
Herb Chicken
Roast Gravy
(CE)

Chilli Con Carne,
Steamed Rice
(CE)

Fish & Chips with
Fresh Minted Mushy Peas
& Homemade Tartare
Sauce (E, F, G)

VEGGIE

Shanghai Hot & Sour
Mushroom &
Vegetable Stir Fry
Noodles
(G, E, SO)

Mushroom, Tarragon &
Chickpea Stroganoff
(CE, MK, SU)

Vegetable Spring
Roll, Sweet & Sour
Sauce with Egg
Fried Rice
(E, G, SO, SU)

Chickpea, Roasted
Vegetable & Dill
Filo Parcel
(G)

Roasted Vegetable
Calzone
(E, G, MK)

COOK
STATION

Refried Bean Taco,
Tomato & Avocado
Salsa with Coriander
(CE)



Chilli Chicken with
Roasted Butternut Squash
& Spiced Tomato Pasta
(G)



Hoisin Chicken
Stir Fry with
Noodles
(E, G, SO)



Roasted
Mediterranean
Vegetable Pasta
(G, CE)



Chefs Choice

PUD

Pineapple Upside Down
Cake & Custard
(E, G, MK)

Peach Crumble &
Custard
(G, MK)

Spiced Carrot
Sponge with Vanilla
Sauce (E, G, MK)

Banana Chocolate
Chip Cake with
Chocolate Sauce
(G, E, MK)

Winter Berry Cheesecake
(G, MK)

COLD SELECTION: BAGUETTES · SANDWICHES · SALAD BOXES · FRESH FRUIT · YOGURT POTS

ALLERGENS
KEY

CE - CELERY
CR - CRUSTACEAN
E - EGGS

F - FISH
G - CEREALS CONTAINING GLUTEN
L - LUPIN

MK - MILK
MO - MOLLUSCS
MU - MUSTARD

N - NUTS
P - PEANUTS
SE - SESAME SEEDS

SO - SOYA
SU - SULPHUR DIOXIDE

Go
Vegan



Olive
dining

TB

Theatre
Bar